



WISE - NUTRITION INFORMATION FOR MSG, WHEAT GLUTEN, TRANS FATS, KOSHER, & ALLERGENS

		Contains MSG?	Contains Wheat Gluten?	Allergens Present (8 Major)	Trans Fat	KOSHER	Whole Grain?	All Natural?	Preservatives?	Low or No Fat?	Low or No Sodium?	Vitamins Present?	Meets School Nutrition Guidelines?
SNACK FOODS	BRANDS	Yes/No	Yes/No		(grams/oz)	STATUS	Yes/No	Yes/No	Yes/No	Please specify which claim	Please specify which claim	Please specify which vitamin/nutrient and daily value	Please list which states
POTATO CHIPS													
All Natural Potato Chips (flat cut)	Wise	No	No	None	0	OU Pareve	No	Yes	No	No	No	Vitamin C -10%, Iron - 2%	No
All Natural Potato Chips (flat cut)	Moore's	No	No	None	0	OU Pareve ***	No	Yes	No	No	No	Vitamin C -10%, Iron - 2%	No
Unsalted Potato Chips	Wise	No	No	None	0	OU Pareve	No	Yes	No	No	No Salt Added	Vitamin C -10%, Iron - 2%	No
Lightly Salted Potato Chips	Wise	No	No	None	0	OU Pareve	No	Yes	No	No	Low Sodium	Vitamin C -10%, Iron - 2%	No
BBQ Flavored Potato Chips	Wise	Yes	Yes	Wheat	0	OU Pareve	No	No	No	No	No	Vitamin C -10%	No
Bar-b-q Flavored Potato Chips	Moore's	No	No	None	0	OU Pareve ***	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Honey BBQ Flavored Potato Chips	Wise	Yes	Yes	Wheat, Soy	0	OU Pareve	No	No	No	No	No	Vitamin A - 2%, Vitamin C -10%, Iron - 2%	No
Honey Barbecue Flavored Potato Chips	Moore's	Yes	Yes	Wheat, Soy	0	OU Pareve ***	No	No	No	No	No	Vitamin A - 2%, Vitamin C -10%, Iron - 2%	No
Sweet Heat BBQ Flavored Potato Chips	Wise	Yes	No	None	0	OU Pareve	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Salt & Vinegar Artificially Flavored Potato Chips	Wise	No	No	Milk	0	OU D	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Onion & Garlic Flavored Potato Chips	Wise	Yes	No	Soy	0	OU Pareve	No	No	No	No	No	Vitamin C -10%	No
All Natural Ridgies Potato Chips (Ridged Cut)	Wise	No	No	None	0	OU Pareve	No	Yes	No	No	No	Vitamin C -10%, Iron - 2%	No
Ripple Potato Chips (Ridged Cut)	Moore's	No	No	None	0	OU Pareve ***	No	Yes	No	No	No	Vitamin C -10%, Iron - 2%	No
Barbecue Flavored Ridgies Potato Chips (Ridged Cut)	Wise	Yes	No	None	0	OU Pareve	No	No	No	No	No	Vitamin A - 2%, Vitamin C -10%, Iron - 2%	No
Cheddar & Sour Cream Flavored Ridgies Potato Chips (Ridged Cut)	Wise	Yes	No	Milk	0	OU D	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Sour Cream & Onion Flavored Ridgies Potato Chips (Ridged Cut)	Wise	Yes	No	Milk	0	OU D	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Sour Cream & Onion Flavored Ripple Potato Chips (Ridged Cut)	Moore's	Yes	No	Milk	0	OU D ***	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Wise Wavy Potato Chips	Wise	No	No	None	0	OU Pareve	No	Yes	No	No	No	Vitamin C -10%, Iron - 2%	No
All Natural New York Deli Kettle Cooked Potato Chips	New York Deli	No	No	None	0	OU Pareve	No	Yes	No	No	No	Vitamin C -10%, Iron - 2%	No
Jalapeno Flavored New York Deli Kettle Cooked Potato Chips	New York Deli	Yes	No	None	0	OU Pareve	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Buffalo Wing Flavored Kettle Cooked Potato Chips	Moore's	Yes	No	Milk	0	OU D	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
Smoky Mt. BBQ Flavored Kettle Cooked Potato Chips	Moore's	Yes	No	None	0	OU Pareve	No	No	No	No	No	Vitamin C -10%, Iron - 2%	No
BAKED POTATO CRISPS													
Original Flavor Baked Potato Crisps Serving Size 31 grams	Wise	No	No	Soy	0	OU D	No	No	No	Low Fat	No	Vitamin A - 4%, Iron - 2%, Calcium - 4%	Connecticut, New York.
Barbecue Flavored Baked Potato Crisps, Serving Size 31 grams	Wise	Yes	No	Soy	0	OU D	No	No	No	Low Fat	No	Vitamin C -4%, Iron - 2%, Calcium - 4%	Connecticut,
Sour Cream & Onion Flavored Baked Potato Crisps, Serving Size 31 grams	Wise	Yes	Yes	Milk, Wheat, Soy	0	OU D	No	No	No	Low Fat	No	Vitamin C -4%, Iron - 2%, Calcium - 4%	Connecticut,
CHEESE FLAVORED CORN SNACKS													
Puffed Cheez Doodles	Wise	Yes	No	Milk	0	Not Kosher	No	No	No	No	No	Calcium 15%	No
White Cheddar Puffed Cheez Doodles	Wise	No	No	Milk	0	Not Kosher	No	No	No	No	No	Calcium 10%, Iron 6%	No
Honey BBQ Puffed Cheez Doodles	Wise	Yes	Yes	Milk, Wheat, Soy	0	Not Kosher	No	No	No	No	No	No	No
Doodle O's	Wise	No	No	Milk	0	Not Kosher	No	No	No	No	No	Calcium 15%	No
Cheese Balls	Wise	Yes	No	Milk	0	Not Kosher	No	No	No	No	No	Calcium 15%	No
Hot n' Honey Puffed Cheese Doodles	Wise	Yes	Yes	Milk, Wheat, Soy	0	Not Kosher	No	No	No	No	No	No	No
Crunchy Cheez Doodles	Wise	No	No	Milk	0	Not Kosher	No	No	No	No	No	Calcium 15%, Vitamin A 2%, Iron 6%	No
CORN CHIPS													
Dipsy Doodles Wavy Corn Chips	Wise	No	No	None	0	OU Pareve	Yes	Yes	No	No	No	Calcium 2%, Iron 2%	No
Bar-b-q Flavored Dipsy Doodles Rippled Corn Chips	Wise	Yes	No	None	0	OU Pareve	Yes	No	No	No	No	Calcium 2%	No
Original Flavor Corn Chips (Flat Cut)	Moore's	No	No	None	0	Not Certified	Yes	Yes	No	No	No	Calcium 4%, Iron 2%	No
Bar-b-q Flavored Corn Chips (Flat Cut)	Moore's	No	No	None	0	Not Certified	Yes	No	No	No	No	Calcium 2%, Iron 2%	No
Nacho Twisters	Wise	Yes	No	Milk	0	OU D	Yes	No	No	No	No	Calcium 4%, Iron 2%	No
RTE POPCORN-FLAVORED													
Butter Flavored Popcorn	Wise	No	No	Milk	0	Not Kosher	Yes	No	No	No	No	Vitamin A 30%, Iron 2%	No
Reduced Fat Butter Flavored Popcorn	Wise	No	No	Milk	0	Not Kosher	Yes	No	No	50 % Less Fat	No	Vitamin A 6%, Iron 2%	Connecticut, New York
Reduced Fat White Cheddar Cheese Popcorn	Wise	No	No	Milk	0	Not Kosher	Yes	No	No	40% Less Fat	No	Calcium 2%, Iron 4%	Connecticut, New York?
White Cheddar Cheese Popcorn	Wise	No	No	Milk	0	Not Kosher	Yes	No	No	No	No	Calcium 4%, Iron 2%	No
Hot Cheese Popcorn	Wise	Yes	No	Milk	0	Not Kosher	Yes	No	No	No	No	Calcium 2%, Iron 2%	No
Cinnamon & Sugar Flavored Popcorn	Wise	No	No	None	0	Not Kosher	Yes	Yes?	No	No	No	Iron 2%	No
TORTILLA CHIPS													
Nacho Cheese Flavored Bravos Tortilla Chips	Wise Bravos!	Yes	No	Milk	0	OU D	Yes	No	No	No	No	Calcium 2%, Iron 2%	No
Ranch Flavored Bravos Tortilla Chips	Wise Bravos!	Yes	No	Milk	0	OU D	Yes	No	No	No	No	Calcium 4%, Iron 2%	No
Sweet & Spicy Flavored Bravos Tortilla Chips	Wise Bravos!	No	No	None	0	OU Pareve	Yes	No	No	No	No	Calcium 4%, Iron 2%	No
Crispy Rounds Tortilla Chips (White Corn)	Wise Bravos!	No	No	None	0	OU Pareve	Yes	Yes	No	No	No	Calcium 2%, Iron 2%	No
Restaurant Style Tortilla Chips (White Corn)	Wise Bravos!	No	No	None	0	OU Pareve	Yes	Yes	No	No	No	Calcium 2%, Iron 2%	No
ONION RINGS													
Onion Flavored Rings	Wise	Yes	No	None	0	OU Pareve	No	No	No	No	No	Calcium 2%, Iron 2%	No
Hot Onion Flavored Rings	Wise	Yes	No	Milk	0	OU D	No	No	No	No	No	No	No
PRETZELS													
Pretzel Thins (Low Fat)	Wise	No	Yes	Wheat **	0	OU Pareve	No	Yes	No	Low Fat	No	Iron 6%	Connecticut



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SNACK FOODS	BRANDS	Yes/No	Yes/No		(grams/oz)	STATUS	Yes/No	Yes/No	Yes/No	Please specify which claim	Please specify which claim	Please specify which vitamin/nutrient and daily value	Please list which states
Stick Pretzels (Low Fat)	Wise	No	Yes	Wheat **	0	OU Pareve	No	Yes	No	Low Fat	No	Iron 6%	Connecticut
Pretzel Rods (Low Fat)	Wise	No	Yes	Wheat **	0	OU Pareve	No	Yes	No	Low Fat	No	Iron 4%	Connecticut
Pretzel Nuggets (Fat Free)	Wise	No	Yes	Wheat **	0	OU Pareve	No	Yes	No	Fat Free	No	Iron 6%	Connecticut
Honey Wheat Braided Pretzels (Low Fat)	Wise	No	Yes	Wheat **	0	OU Pareve	No	Yes	No	Low Fat	No	Iron 6%	Connecticut
CHEESE WAFFIES	Wise	No	Yes		0	Not Kosher	No	No	No	No	No	Calcium 4%, Iron 2%	No
Cheez Waffies				Milk, Wheat, Soy									
DIPS/DIP MIXES													
Mild Salsa, <i>Serving size 33 Grams</i>	Wise	No	No	None	0	OU Pareve	No	Yes	No	Fat Free	No	Vitamin A 4%, Vitamin C 6%	No
Medium Salsa, <i>Serving size 33 Grams</i>	Wise	No	No	None	0	OU Pareve	No	Yes	No	Fat Free	No	Vitamin A 4%, Vitamin C 6%	No
French Onion (jar), <i>Serving size 33 Grams</i>	Wise	Yes	No	Milk	0	Not Kosher	No	No	Yes	No	No	No	No
Ranch, <i>Serving size 33 Grams</i>	Wise	Yes	No	Milk	0	Not Kosher	No	No	Yes	No	No	No	No
Medium Salsa Con Queso <i>Serving size 34 Grams</i>	Wise	Yes	No	Milk	0	Not Kosher	No	No	Yes	No	No	Calcium 2%	No
Nacho Cheese (canned) <i>Serving size 31 Grams</i>	Wise	No	No	Milk	1.5	Not Kosher	No	No	No	No	No	Calcium 2%	No
French Onion (canned) <i>Serving size 30 Grams</i>	Wise	No	Yes	Milk, Wheat, Soy	0	Not Kosher	No	No	No	No	No	Calcium 4%	No
Green Onion Dry Dip Mix, <i>Serving Size 1.8 grams</i>	Wise	Yes	No	Milk	0	OU D	No	No	No	No	No	No	No
Ranch Dry Dip Mix, <i>Serving Size 1.8 grams</i>	Wise	Yes	No	Milk	0	OU D	No	No	No	No	No	No	No
Guacamole Dry Dip Mix, <i>Serving Size 1.8 grams</i>	Wise	Yes	No	Milk	0	OU D	No	No	No	No	No	No	No

* Some seasonings contain trace amounts of partially hydrogenated oils but the amount of trans fat is considered insignificant by the FDA, or equal to 0 grams of trans fat.

** Manufactured in a facility that uses peanut butter.

*** This product is kosher certified but all packages have not yet been updated to include the kosher symbol.



WISE - NUTRITION INFORMATION PER SERVING

																				% Daily Values**				
SNACK FOODS	BRANDS	KOSHER STATUS	SERVING SIZE	CALORIES	CALORIES FROM FAT	TOTAL FAT		SAT. FAT		TRANS FAT	CHOLESTEROL		SODIUM		TOTAL CARB.		DIETARY FIBER		SUGARS	PROTEIN	VIT A	VIT C	CALCIUM	IRON
						g	% DV	g	%	g	mg	% DV	mg	%	g	%	g	%						
POTATO CHIPS																								
Potato Chips (flat cut)	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	7	14	5	1	4	0	2	0	10	0	2
Potato Chips (flat cut)	Moore's	Not Certified	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	7	14	5	1	4	0	2	0	10	0	2
Unsalted Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	0	0	14	5	1	4	0	2	0	10	0	2
Lightly Salted Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	80	3	14	5	1	4	0	2	0	10	0	2
Barbecue Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	210	9	15	5	1	4	<1	2	0	10	0	0
Barbecue Flavored Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	3	15	0	0	0	220	9	14	5	1	4	<1	2	0	10	0	2
Honey Barbecue Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	2.5	13	0	0	0	190	8	15	5	1	4	2	1	2	10	0	2
Honey Barbecue Flavored Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	2.5	13	0	0	0	190	8	15	5	1	4	2	1	2	10	0	2
Sweet Heat Barbecue Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	150	7	16	5	1	4	1	2	0	10	0	2
Salt & Vinegar Artificially Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	290	12	14	5	1	4	0	2	0	10	0	2
Onion & Garlic Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	200	8	14	5	1	4	<1	2	0	10	0	0
Ridgies (Ridged Cut) Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	7	14	5	1	4	0	2	0	10	0	2
Rippled Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	7	14	5	1	4	0	2	0	10	0	2
Barbecue Flavored Ridgies Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	2.5	13	0	0	0	230	10	14	5	1	4	2	2	2	10	0	2
Cheddar & Sour Cream Flavored Ridgies Potato Chips	Wise	OU Pareve	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	190	8	15	5	1	4	1	2	0	10	0	2
Sour Cream & Onion Flavored Ridgies Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	2.5	13	0	0	0	220	9	14	5	1	4	1	2	0	10	0	2
Sour Cream & Onion Flavored Ripple Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	2.5	13	0	0	0	220	9	14	5	1	4	1	2	0	10	0	2
Wise Wavy Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	7	14	5	1	4	0	2	0	10	0	2
New York Deli Kettle Cooked Potato Chips	New York Deli	OU Pareve	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	170	7	15	5	1	4	0	2	0	10	0	2
New York Deli Jalapeno Flavored Kettle Cooked Potato Chips	New York Deli	OU Pareve	1 oz (28g)	140	70	8	12	2.5	13	0	0	0	210	9	16	5	1	4	0	2	0	10	0	2
Buffalo Wing Flavored Kettle Cooked Potato Chips	Moore's	OU Pareve	1 oz (28g)	140	70	8	12	2	10	0	0	0	220	9	16	5	1	4	<1	2	0	0	10	2
Smoky Mt. BBQ Flavored Kettle Cooked Potato Chips	Moore's	OU Pareve	1 oz (28g)	140	70	8	12	2	10	0	0	0	210	9	16	5	1	4	2	2	0	0	10	2
BAKED POTATO CRISPS																								
Original Flavor Baked Potato Crisps	Wise	OU Pareve	1.125 oz (31g)	140	25	2.5	3	0	0	0	0	0	200	8	26	9	2	8	2	2	0	4	4	2
Barbecue Flavored Baked Potato Crisps	Wise	OU Pareve	1.125 oz (31g)	140	35	3	5	0.5	3	0	0	0	370	15	25	8	2	8	2	2	0	4	4	2
Sour Cream & Onion Flavored Baked Potato Crisps	Wise	OU Pareve	1.125 oz (31g)	140	35	3	5	0.5	3	0	0	0	370	15	25	8	2	8	2	2	0	4	4	2
CHEESE FLAVORED CORN SNACKS																								
Puffed Cheez Doodles	Wise	Not Kosher	1 oz (28g)	150	70	8	12	2	10	0	0	0	320	13	17	6	0	0	2	2	0	0	15	0
White Cheddar Puffed Cheez Doodles	Wise	Not Kosher	1 oz (28g)	150	80	9	14	2.5	13	0	<5	1	290	12	15	5	0	0	1	2	0	0	10	6
Honey BBQ Puffed Cheez Doodles	Wise	Not Kosher	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	250	10	17	6	0	0	2	1	0	0	0	0
Doodle O's	Wise	Not Kosher	1 oz (28g)	160	100	11	17	3	15	0	<5	1	310	13	14	5	0	0	2	2	0	0	15	0
Cheese Balls	Wise	Not Kosher	1 oz (28g)	150	70	8	12	2	10	0	0	0	320	13	17	6	0	0	2	2	0	0	15	0
Hot n' Honey Puffed Cheese Doodles	Wise	Not Kosher	1 oz (28g)	150	70	8	12	2	10	0	0	0	210	9	18	6	<1	3	2	1	0	0	0	0
Crunchy Cheez Doodles	Wise	Not Kosher	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	220	9	17	6	0	0	1	1	0	0	15	0
CORN CHIPS																								
Dipsy Doodles Rippled Corn Chips	Wise	OU Pareve	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	180	8	16	5	1	4	0	1	0	0	2	2
BBQ Flavored Dipsy Doodles Rippled Corn Chips	Wise	OU Pareve	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	250	10	16	5	1	4	1	1	0	0	2	0
Flat Cut Original Flavor Corn Chips	Moore's	Not Certified	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	180	8	16	5	1	4	0	1	0	0	4	2
Flat Cut BBQ Flavored Corn Chips	Moore's	Not Certified	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	210	9	16	5	1	4	<1	1	0	0	2	2
Nacho Twisters	Wise	OU Pareve	1 oz (28g)	160	100	11	17	3	15	0	0	0	270	11	14	5	1	4	1	2	0	0	4	2
POPCORN-FLAVORED																								
Butter Flavored Popcorn	Wise	Not Kosher	1 oz (28g)	150	90	10	15	2	10	0	0	0	280	12	14	5	3	12	0	1	30	0	0	2
Reduced Fat Butter Flavored Popcorn	Wise	Not Kosher	1 oz (28g)	140	45	5	8	1	5	0	0	0	160	7	22	7	3	12	0	3	6	0	0	2
Reduced Fat White Cheddar Cheese Popcorn	Wise	Not Kosher	1 oz (28g)	140	50	6	9	1	5	0	<5	1	250	10	18	6	3	12	1	3	0	0	2	4
White Cheddar Cheese Popcorn	Wise	Not Kosher	1 oz (28g)	150	90	10	15	2.5	13	0	5	2	310	13	13	4	2	8	2	3	0	0	4	2
Hot Cheese Popcorn	Wise	Not Kosher	1 oz (28g)	150	90	10	15	2	10	0	<5	1	260	11	14	5	2	8	3	2	0	0	2	2
Cinnamon Sugar Flavored Popcorn	Wise	Not Kosher	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	180	8	15	5	3	15	3	2	0	0	0	2
TORTILLA CHIPS																								
Nacho Cheese Flavored Tortilla Chips	Wise	Bravos!	1 oz (28g)	150	70	8	12	2	10	0	0	0	180	8	17	6	1	4	<1	2	0	2	4	2
Ranch Flavored Tortilla Chips	Wise	Bravos!	1 oz (28g)	140	60	7	11	2	10	0	0	0	220	9	18	6	2	8	1	2	0	0	4	2
Sweet & Spicy Flavored Tortilla Chips	Wise	Bravos!	1 oz (28g)	140	60	7	11	2	10	0	0	0	170	7	18	6	2	8	1	2	0	0	4	2
White Round Tortilla Chips	Wise	Bravos!	1 oz (28g)	150	70	8	12	2	10	0	0	0	80	3	18	6	1	4	0	2	0	0	2	2
Restaurant Style Tortilla Chips (White Corn)	Wise	Bravos!	1 oz (28g)	150	70	8	12	2	10	0	0	0	80	3	18	6	1	4	0	2	0	0	2	2
ONION RINGS																								
Onion Flavored Rings	Wise	OU Pareve	1 oz (28g)	140	50	6	9	1.5	8	0	0	0	360	15	20	7	0	0	0	0	0	0	2	2
Hot Flavored Onion Rings	Wise	OU Pareve	1 oz (28g)	130	45	5	8	1	5	0	0	0	180	8	22	7	0	0	1	0	0	0	0	0
PRETZELS																								
Pretzel Thins (Low Fat)	Wise	OU Pareve	1 oz (28g)	110	10	1	2	0	0	0	0	0	360	15	23	8	<1	3	<1	2	0	0	0	6
Pretzel Sticks (Low Fat)	Wise	OU Pareve	1 oz (28g)	110	10	1	2	0	0	0	0	0	410	17	23	8	<1	3	<1	2	0	0	0	6
Pretzel Rods (Low Fat)	Wise	OU Pareve	1 oz (28g)	100	10	1	2	0	0	0	0	0	480	20	21	7	<1	2	<1	2	0	0	0	4
Pretzel Nuggets (Fat Free)	Wise	OU Pareve	1 oz (28g)	100	0	0	0	0	0	0	0	0	400	17	21	7	<1	2	<1	3	0	0	0	6



WISE - NUTRITION INFORMATION PER SERVING

																				% Daily Values**				
SNACK FOODS	BRANDS	KOSHER STATUS	SERVING SIZE	CALORIES	CALORIES FROM FAT	TOTAL FAT		SAT. FAT		TRANS FAT	CHOLESTEROL		SODIUM		TOTAL CARB.		DIETARY FIBER		SUGARS	PROTEIN	VIT A	VIT C	CALCIUM	IRON
						g	% DV	g	%	g	mg	% DV	mg	%	g	%	g	%	g	g				
Honey Wheat Braided Pretzels (Low Fat)	Wise	OU Pareve	1 oz (28g)	110	10	1	2	0	0	0	0	0	230	10	23	8	<1	2	4	2	0	0	0	6
CHEESE WAFFIES	Wise	Not Kosher	1 oz (28g)	140	70	8	12	5	25	0	<5	1	380	16	15	5	0	0	4	2	0	0	6	2
DIPS																								
Mild Salsa	Wise	OU Pareve	33 grams	10	0	0	0	0	0	0	0	0	250	10	2	1	<1	2	2	0	4	6	0	0
Medium Salsa	Wise	OU Pareve	33 grams	10	0	0	0	0	0	0	0	0	250	10	2	1	<1	2	2	0	4	6	0	0
French Onion (jars)	Wise	Not Kosher	33 grams	60	45	5	8	1	5	0	0	0	230	10	3	1	0	0	<1	<1	0	0	0	0
Ranch	Wise	Not Kosher	33 grams	50	35	4	6	0.5	3	0	0	0	230	10	3	1	0	0	1	<1	0	0	0	0
Salsa Con Queso	Wise	Not Kosher	34 grams	45	25	3	5	1	4	0	5	1	280	12	3	1	0	0	<1	1	0	0	2	0
Nacho Cheese (cans)	Wise	Not Kosher	31 grams	50	40	4.5	7	1	5	1.5	0	0	250	10	3	1	0	0	1	1	0	0	2	0
French Onion (cans)	Wise	Not Kosher	30 grams	60	45	5	8	0	0	0	0	0	220	9	3	1	0	0	0	1	0	0	4	0
DIP MIXES																								
Green Onion	Wise	OU D	1.8 grams	5	*	0	0	*	*	*	*	*	140	6	1	0	*	*	<1	0	*	*	*	*
Ranch	Wise	OU D	1.8 grams	5	*	0	0	*	*	*	*	*	150	6	1	0	*	*	<1	0	*	*	*	*
Guacamole Onion	Wise	OU D	1.8 grams	5	*	0	0	*	*	*	*	*	100	4	1	0	*	*	0	0	*	*	*	*

Sat. Fat = Saturated Fat; TOTAL CARB = Total Carbohydrate; < = Less Than

* Not a significant source of these nutritional category.

** % Daily Values are based on a 2000 calorie diet.